

July 2023

- B. I will take only medication prescribed to me, by a prescribing medical professional, and only as prescribed, and I will adhere to the medication list of safe OTC/nonprescribed medications provided by the StepUP program. I understand that this is to safeguard my recovery and keep the community safe.
- C. I will notify my counselor of my medications and any changes in my medications, including discontinuation of medication, or use of any non-prescription medication.
- D. I will keep medications in their original pharmacy containers or in a weekly pill box in a secure place. I will follow protocol for medication storage (e.g., in a lock box) as required and discussed with my StepUP counselor.

II. We value the achievement of academic success

- 1. I will attend and be on time for all classes unless medical conditions make it impossible.
- 2. I will engage in positive academic efforts toward success, and be willing to address concerns as they may arise.
- 3. I will attend meetings with Academic Counseling or other academic support services if deemed necessary for my academic success.
- 4. I will remain in good academic standing with the University of St. Thomas.

III. We Value a community of accountability and support

- 1. I will attend all mandatory StepUP programming, including Circle meetings every Monday and residential flat or apartment meetings as they are scheduled.
- 2. I will attend weekly counseling appointments with the StepUP staff, unless this attendance has been discussed, excused, or altered.
- 3. I will recognize that participating in high-risk environments may negatively impact my recovery. If I choose to participate in such environments, I will be willing to disclose such information to my StepUP counselor.
- 4. Exchange of money between students for gaming or gambling purposes, on or off campus, is strictly prohibited.
- 5. StepUP exists within the framework of the larger Augsburg University community. I will take responsibility for knowing all university policies in [the Augsburg Student Guidebook](#)
- 6. As a University of St. Thomas student participating in the Augsburg University StepUP Program, I also take responsibility for knowing and acting within the framework of the larger University of St. Thomas community, which includes following University of St. Thomas policies applicable to students.
- 7. I will participate in regular cleaning of my personal residence as well as completing my assigned task within my flat or apartment. If my personal area continues to be unclean or causes difficulties for current or new potential roommates this may be cause for probation or other corrective actions to be taken.
- 8. I understand that engaging in physical, intimate, romantic and/or committed relationships with a current StepUP Program student can negatively impact my recovery, another



shared may include, but is not limited to: financial, academic, disciplinary and emergency information and other information about my compliance with this agreement and participation in the program. I understand that St. Thomas and Augsburg will both be provided signed copies of this agreement.

VI. Billing and payment

I authorize St. Thomas to bill my St. Thomas student account for the costs of the StepUP program. I agree I will be responsible for paying directly to Augsburg any miscellaneous charges (e.g., parking permits) not considered program costs per the ~~bill~~ agreement between the universities.

VII. Waiver of liability

I (and my parent or guardian, if I am under age 18), on behalf of myself, my personal representatives and my heirs, to the fullest extent permitted by law, hereby release, waive, discharge, hold harmless, and promise to defend, indemnify, and not to sue St. Thomas, its trustees, officers, employees, and agents ("Releasees"), with respect to any and all harm, injury, disability, death, loss or damage to person or property arising out of my participati1(t)-2 (i)-2 (Tj [(out)-2